Thumb Land Conservancy News 2024 November 02

It's been a busy summer and fall with new events, new land acquisition projects, new funding, new helpers, and new progress on stewardship. But as much as we push, the general theme in "Conservancy World" is one that my old Scoutmaster, Reginald "Jerry" Nuss, taught us in Troop 169 -"Hurry up and wait baby!" Somehow, I think he got that from the military. With that in mind, I wait, but was determined to get at least one land acquisition project done before we put out the next TLC News. We keep learning new things about "Conservancy World" and one thing is for sure; it needs a whole lot of help. Even with the best planning and preparation, most accomplishments are bogged down in bureaucratic procedure, petty distraction, indifference, complacency, and even lack of common courtesy. Given these obstacles, even if conservancies or land trusts had unlimited funding, I'm not so sure enough land could be protected soon enough to turn this world from its path of destruction. But, we keep trying. - Bill Collins, Executive Director, TLC Sanilac County Historic Village and Museum

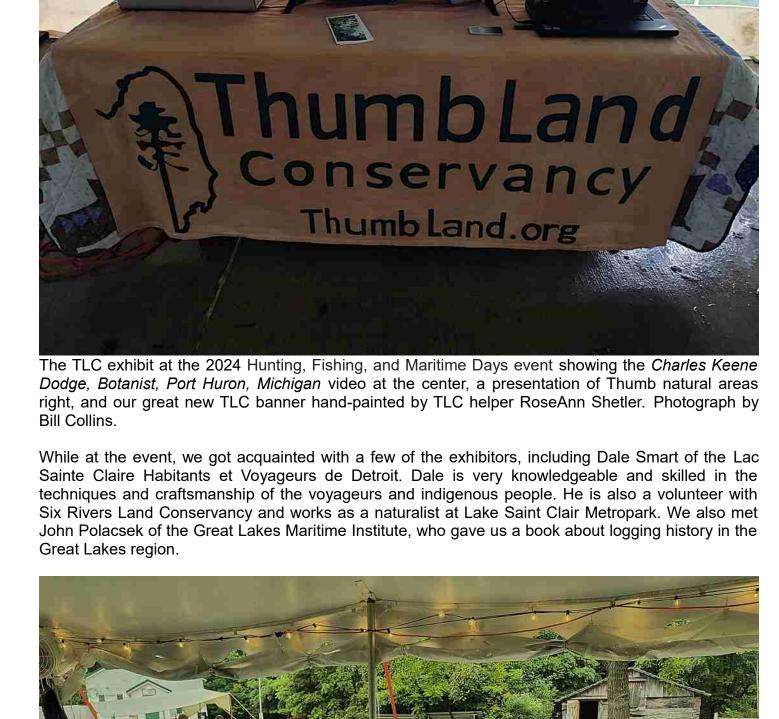
On August 16 and 17, the TLC attended the 2024 Hunting, Fishing, and Maritime Days event at the Sanilac County Historic Village and Museum in Port Sanilac. The event featured exhibitions of our regional history with exhibitors including the Lac Sainte Claire Habitants et Voyageurs de Detroit, the Great Lakes Maritime Institute, Ourselves, an Irish and Americana music band of Port Sanilac, and the Thumb Land Conservancy, among others.

2024 Hunting, Fishing, and Maritime Days

Port Sanilac

The TLC featured three of our videos: 1) Charles Keene Dodge, Botanist, Port Huron, Michigan; 2) A Fortnight In The Wilderness - The 1831 Journey of Alexis de Tocqueville and Gustave de Beaumont Across the West Edge of the Thumb of Michigan; and 3) Our latest video, Hunting Expeditions of

Oliver Hazard Perry in the Thumb of Michigan.



Marko Tomko of the Lac Sainte Claire Habitants et Voyageurs de Detroit guards the fort. He was particularly fascinated by the word "mesic". Dale Smart is in the background demonstrating his voyageur skills by his tent. Photograph by Dan Finn, Sanilac County Historic Village and Museum.



We even met Ourselves again at the event - Walt Schlichting, Tom Schlichting, and Lynn Surbrook. TLC Board Member Fred Fuller is formerly one of Ourselves. During the rain, they kept a group of

ladies under the tent laughing with some possibly "indecent" songs. Photograph by Dan Finn, Sanilac

As mentioned, the TLC exhibited a new video at the Sanilac County Historical Museum 2024 Hunting,

Country - Folk - Gospel INISH TRADUTIONAL LAKE SONG

OURSELVES

810-622-9716

County Historic Village and Museum.

in the Thumb of Michigan

Hunting Expeditions of Oliver Hazard Perry

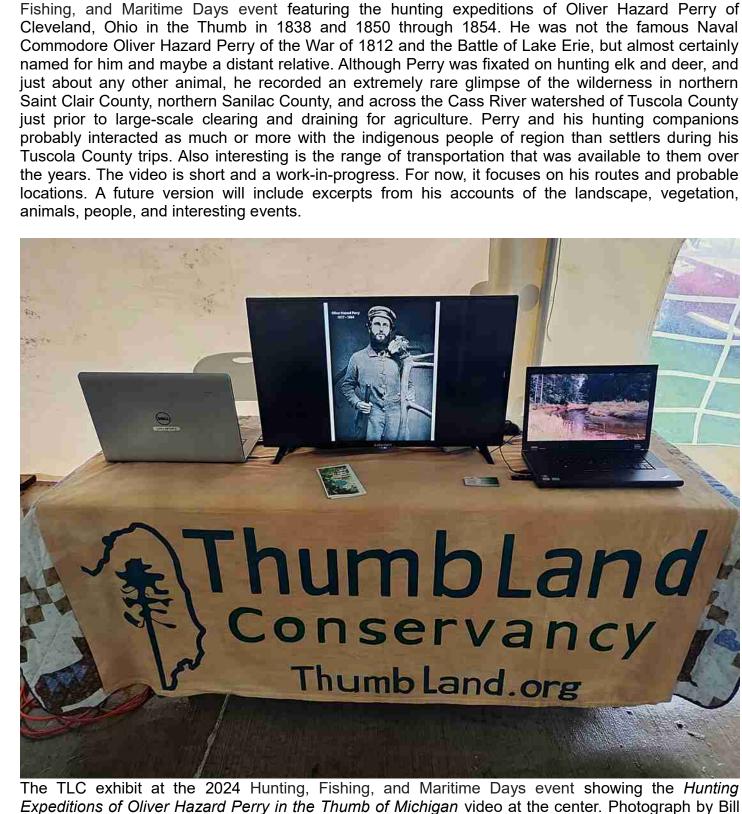
TLC Video Premiere

Collins.

Marysville

Loznak Sanctuary

September 10 by Bill Collins.



For a fascinating account of the expeditions of Perry in the Thumb, see this link:

across the Loznak Sanctuary and brought more public attention to the preserve.

https://drive.google.com/file/d/1N9Uog8fkLk3iKOPrCTPNYnpWXZIXPIRU/view?usp=sharing

A lot of much needed stewardship was accomplished on our Loznak Sanctuary in Marysville this summer through the continued hard work of TLC Board Member Dan Rhein. He has single-handedly set back large numbers of invasive weeds across the preserve, including Callery Pear - Pyrus calleryana, Autumn-olive - Elaeagnus umbellata, Common Buckthorn - Rhamnus cathartica, Spotted Knapweed - Centaurea stoebe, and yes, invasive Reed - Phragmites australis subspecies australis. He has also continued removing old fill debris and constructed four custom foot bridges over ditches made from found materials. He even made a preserve sign and installed it at the front of the sanctuary near Wills Street. Dan's work has allowed the native lakeplain prairie vegetation to expand



Showy Goldenrod, Rough Blazing-star, and Common Mountain-mint in full bloom around our sanctuary sign, constructed and installed by TLC Board Member Dan Rhein. Photograph on 2024

LAND CONSERVAN

In "Conservancy World", along with positive accomplishments often come troubles. This summer, after five years of no problems, the City of Marysville suddenly claimed the front 50 feet of the preserve along Wills Street was in violation of their grass and weed ordinance and had to be mowed. That 50 feet is some of the best prairie habitat on the preserve, containing an abundance of Rough Blazing-star - Liatris aspera, Small Yellow Flax - Linum medium recorded from only 12 counties in Michigan, Tall Boneset - Eupatorium altissimum recorded from only 12 counties in Michigan, Riddell's Goldenrod - Solidago riddellii, Black-eyed Susan - Rudbeckia hirta, Foxglove Beard-tongue -Penstemon digitalis, Common Mountain-mint - Pycnanthemum virginianum, Oatgrass - Danthonia spicata, and even Michigan Special Concern Three-awned Grass - Aristida longespica recorded from only 9 counties in Michigan.



Rough Blazing-star on the Loznak Sanctuary on 2024 September 10. Photograph by Bill Collins.

Fringed Gentian - Gentianopsis crinita on the Loznak Sanctuary on 2024 September 10. Photograph by Bill Collins.

Tall Boneset on the Loznak Sanctuary on 2024 September 10. Photograph by Bill Collins.

please contact us.

Native Seed Collection

original plant community prior to Euro-American settlement.

On August 26, the TLC joined a meeting of the Friends of the Saint Clair River to discuss similar problems they were having in Marysville with mowing of native vegetation and removal of milkweed from the Marysville Living Shoreline plantings along Saint Clair River, and reports by residents of ordinance violations and mowing of milkweed and other native plantings in both Marysville and Port Huron. We discussed strategies to assist local communities with supporting native plant, pollinator, and wildlife habitats, revision of outdated ordinances, and developing a consistent milkweed and native plant management strategy. If anyone is interested in working with the TLC on these issues,

This summer and early fall, the TLC collected seed from a few native plant species to assist dwindling colonies and propagate new populations on nearby preserves. A top priority this summer was Spikenard in our Dead End Woods Sanctuary in Fort Gratiot. There have only been 5 or 6 plants in total since we first discovered them in 2008, and this year, only two plants flowered and set seed. Spikenard - *Aralia racemosa* is in the same genus as Wild Sarsaparilla - *Aralia nudicaulis* found in sandy and generally northern forests of the Thumb. Spikenard typically grows in heavier soils of mature mesic forests, but quite rare in our region. It has been assigned a coefficient of conservatism of 8 on a scale of 0 to 10, meaning that there is an 80% chance that the plants are remnants of the

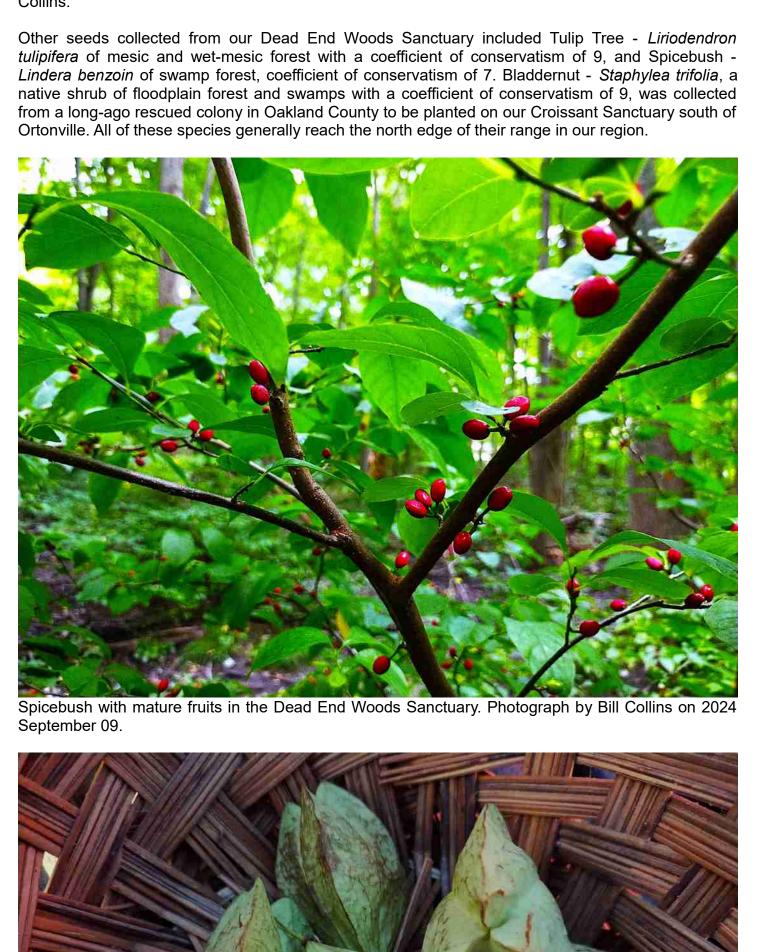
This Spikenard plant in the Dead End Woods Sanctuary was about 3 feet tall earlier, but was

apparently knocked over as the berries matured. Photograph by Bill Collins on 2024 September 09.

Forrest sanctuaries to bolster the depleted oak populations on the sand ridges.

Those of you in Saint Clair County at least, may have noticed the huge amount of acorns dropping from the oak trees this fall. Apparently, growing conditions in 2023-24 led to a "mast year" for oaks in the region. Red Oak trees were especially laden, which began dropping immature acorns in mid-August, with continuous dropping of mature acorns through early October, peaking in the last weeks of September. We took advantage of this abundance to collect Red Oak - Quercus rubra acorns in Fort Gratiot, and Black Oak - Quercus velutina still covering much of the dune ridges of Lakeside Cemetery and Mount Hope Cemetery in Port Huron. All of these oaks are remnant of the original woodland that covered this part of the dune and swale landscape in Port Huron and Fort Gratiot prior to development of the cemetery. Some of the Black Oak appear to be hybridized to varying extents with Hill's Oak - Quercus ellipsoidalis, a complex of Black Oak, Northern Pin Oak, and Scarlet Oak with a unique character particular to the coastal area of Saint Clair County and adjacent Ontario. These acorns are stored in a refrigerator for now and will be planted later this fall on nearby TLC dune and swale preserves in Fort Gratiot and Burtchville such as the Bidwell, Peltier, and Shorewood

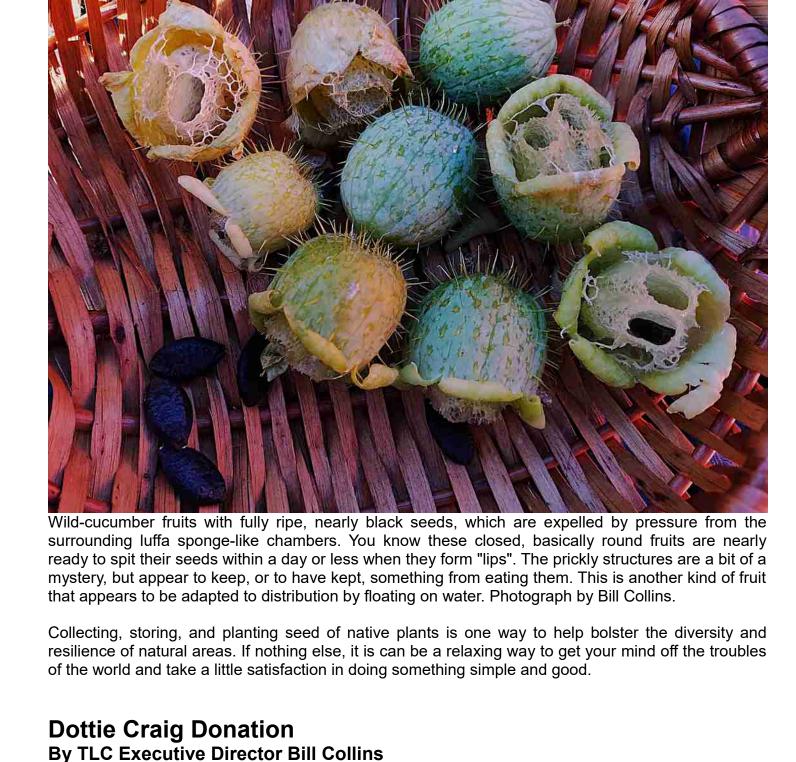
Red Oak acorns collected from two nearby trees of similar age in Fort Gratiot. Photograph by Bill Collins. Other seeds collected from our Dead End Woods Sanctuary included Tulip Tree - Liriodendron tulipifera of mesic and wet-mesic forest with a coefficient of conservatism of 9, and Spicebush -Lindera benzoin of swamp forest, coefficient of conservatism of 7. Bladdernut - Staphylea trifolia, a native shrub of floodplain forest and swamps with a coefficient of conservatism of 9, was collected from a long-ago rescued colony in Oakland County to be planted on our Croissant Sanctuary south of Ortonville. All of these species generally reach the north edge of their range in our region.



Bladdernut fruits; thin, papery, mostly empty bladder-like husks containing a few seeds in each of the three chambers of each bladder. This kind of fruit is adapted to distribution by floating on water. Collected by new TLC Stewardship Assistant Jason Sawyer and TLC Executive Director Bill Collins

on 2024 October 09. Photograph by Bill Collins.

Worthy of mention is an interesting plant known as Wild-cucumber - Echinocystus lobata, an annual vine of all kinds of open habitats, but especially along streams and edges of wetlands. While the coefficient of conservatism is only 2, it provides an interesting visual appeal in every way. The sweetscented flowers support various insect pollinators and the seeds are eaten by larger birds and small mammals. The seed pods below were collected from a flower bed at our TLC Marlette office, originally from plants brought here likely by birds a few years ago. This is one of those plants that looks invasive as its vines grow quickly and can cover small trees. But, it is easily controlled by removing the vines early in the growing season as it is an annual. By September, there will likely be some seeds on the ground that will germinate the next year.

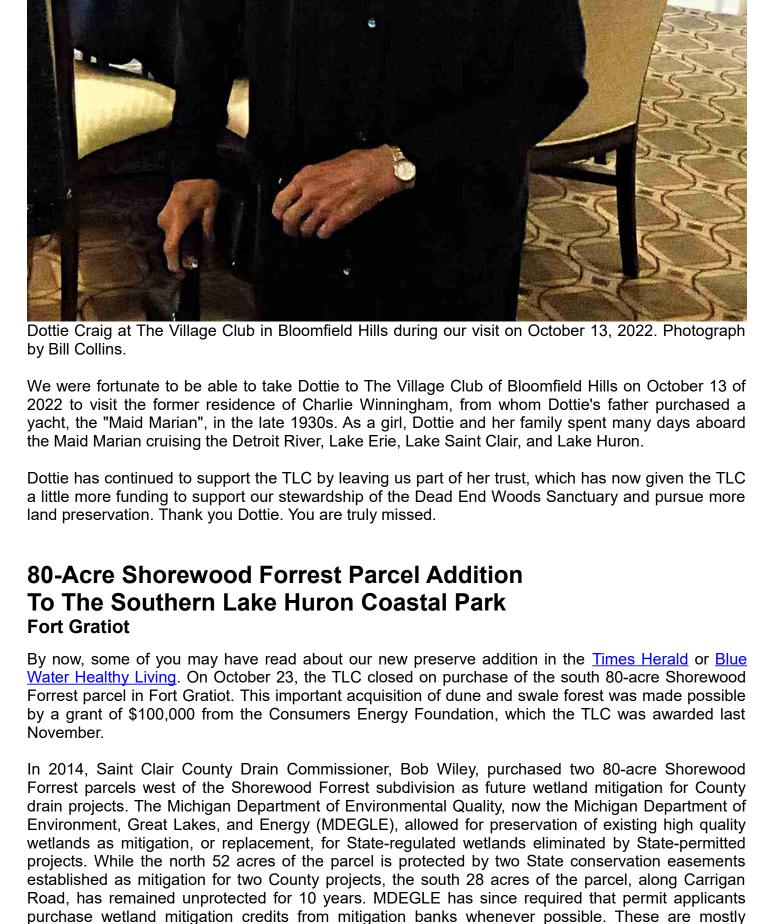


Our senior TLC Board Member, Dottie Craig, passed away last October 16 at the age of 92. She was a special member of the TLC Board. She loved having all of us together and generously made her home available for many of our board meetings, lunch cookouts during our spring stewardship in the Dead End Woods Sanctuary, and our first TLC annual meeting. Dottie was a joy to all of us in the TLC. She had a great sense of humor and we laughed about all kinds of things.

I first met Dottie in 2008 while flagging wetland boundaries and conducting a botanical survey with TLC Board Member Dan Rhein, on our soon-to-be established Dead End Woods Sanctuary in Fort Gratiot. Dottie lived at the dead end of Wilson Drive next to the preserve and took quite an interest in the woods and our work. She especially loved all of the wild animals that visited her backyard, or that she could watch out her window in the adjacent woods. In 2009, she asked to host our cookouts in

her yard during our spring stewardship of the Dead End Woods Sanctuary. She then invited us to use her house for board meetings. Soon after, we invited her to join the TLC Board. Dottie had health issues and couldn't easily travel to most of our board meetings which we held near Yale at the time,

but she finally joined the board in 2013 at the age of 82.



privately restored wetland mitigation areas that have been monitored and approved by MDEGLE, and typically cost over \$100,000 per acre of credit. This has greatly limited the opportunities for preservation of existing wetland as mitigation across much of the state. With little prospect of using the additional unprotected wetland on the Shorewood Forrest parcels as mitigation, the Saint Clair

Shorewood Forrest

Conservation Easements

Presbyterian Villages of Michigan Lake Huron Woods

42-Acre Conservation

Carrigan Road

Lake

Huron

County Drain Office determined that they would need to sell the property in the near future.

Brace Road

TLC Shorewood Forrest 27-Acre Preserve

Villages of Michigan, and Shorewood Forrest are also shown in green.

Coastal Park. We could not have done this without their help.

Foundation, visit: www.ConsumersEnergy.com/foundation.

public access benefiting residents of St. Clair County and across the region."

New Thumb Land Conservancy

Shorewood **Forrest**

> 80-Acre Preserve

Saint Clair County **Drain Commissioner Shorewood Forrest**

80-Acre Parcel

forest in southeast Michigan, and because these parcels are critical pieces of the Southern Lake Huron Coastal Park, the TLC was determined to see that these parcels were protected and prepared to purchase them if necessary. TLC Executive Director Bill Collins, began talking with the Drain Office about purchasing this property at least 4 years ago. Thankfully, the Southern Lake Huron Coastal Park has attracted substantial funding from several major donors, including The Carls Foundation, the Consumers Energy Foundation, Community Foundation for Southeast Michigan, Community Foundation of St. Clair County, Cargill Incorporated, and Ducks Unlimited. Last November, the TLC acquired a 27-acre parcel of the dune and swale forest on the west side of Shorewood Forrest subdivision with major funding from The Carls Foundation of Bloomfield Hills. Two days later, the TLC was notified of another major grant award of \$100,000 from the Consumers

Energy Foundation. We are very grateful for the support of The Carls Foundation and Consumers Energy Foundation in funding land acquisition and sharing our vision for the Southern Lake Huron

Cathy Wilson, Secretary/Treasurer of the Consumers Energy Foundation says, "The protection of Michigan's natural resources has an important impact on the future and quality of life of Michiganders. We are proud to support the Thumb Land Conservancy's Shorewood Forrest Preservation project to conserve and sustain sensitive natural resources along the Great Lakes shoreline while assuring

Consumers Energy

FOUNDATION

The Consumers Energy Foundation is the charitable arm of Consumers Energy, Michigan's largest energy provider. The Consumers Energy Foundation enables communities to thrive and grow by investing in what's most important to Michigan – its people, our planet and Michigan's prosperity. In 2023, the Consumers Energy Foundation, Consumers Energy, its employees and retirees contributed more than \$11 million to Michigan nonprofits. For more information about the Consumers Energy

Saint Clair County Drain Commissioner Bob Wiley, says, "The Drain Office plays an important role in protecting wetlands in the County. I've worked with MDEQ, MDEGLE, and the EPA, to preserve existing high quality wetlands as mitigation for permitted projects, rather than buying mitigation credits or trying to build new wetlands. This provided a substantial cost-savings to taxpayers in the drain

The TLC has worked for 16 years to protect the dune and swale forest in Saint Clair County and now owns over 160 acres of it in Fort Gratiot and Burtchville. In 2010, the TLC acquired 11.5 acres of the dune and swale forest in Fort Gratiot as a donation from Dr. Syed Hamzavi and the Peltier family. In 2014, the TLC assisted the Saint Clair County Drain Commissioner in acquisition of about 180 acres of dune and swale forest in Fort Gratiot as mitigation for county drain projects. In 2020, the Consumers Energy Foundation, The Carls Foundation, and other supporters funded the TLC's

districts. The County has a lot of wetland and this is one way that everyone can benefit."

The new TLC 80-acre Shorewood Forrest preserve is shown in green on a 1995 aerial photograph showing parallel dune ridges and contrasting dark swales. The TLC also acquired 27 acres to the north in 2023. Adjacent preserves owned by the Saint Clair County Drain Commissioner, Presbyterian

Because the Shorewood Forrest parcels contain some of the last and best remaining dune and swale

acquisition of 42 acres of the dune and swale forest along the north side of Metcalf Road in Burtchville. In 2023, the TLC acquired another 27 acres in Fort Gratiot with funding from The Carls Foundation, and also assisted Presbyterian Villages of Michigan in finalizing protection and management plans for a 42-acre conservation easement at their Lake Huron Woods assisted living facility in Fort Gratiot. The Southern Lake Huron Coastal Park will eventually protect a 4.5-mile long section of dune and swale forest north of Port Huron, a rare coastal ecosystem, and one of only a few areas remaining from Lake Erie to the Saginaw Bay. Plans are to route a trail on the main dune ridges from near the Fort Gratiot Nature Park at Carrigan and Parker Roads, up to the day-use area of Lakeport State Park. We believe the Southern Lake Huron Coastal Park will be a regional attraction when completed, and has already greatly increased public access for passive recreation in the Blue Water Area.

For thousands of years, the land in Michigan was depressed by the weight of a roughly 2-mile high layer of glacial ice. As the last glacier began melting back in Michigan about 14,000 years ago, the land began rising and is still rising slightly. As the land rose at different rates, the old Georgian Bay outlet of the early Great Lakes was blocked about 7,500 years ago, causing the waters of early Great Lakes, known as the Nipissing Great Lakes, to rise about 15 feet above the present elevation. This early stage of the Great Lakes was still draining out the old Chicago outlet to the Mississippi River, but about 4,500 years ago, drainage redirected to the old Saint Clair River outlet which guickly downcut. The high water rapidly drained, leaving a series of parallel sand ridges separated by mucky wetland troughs or swales from about 1 to 2 miles inland from the present shoreline. The ridges were

wind-blown dunes and the mucky swales were shrub swamp for decades if not centuries before becoming forested and covered largely by a diverse mix of Black Oak, Eastern Hemlock, Eastern White Pine, Red Maple, Paper Birch, Northern White-cedar, Tamarack, and Black Ash.

Wetland swale west of Shorewood Forrest subdivision. Photograph by Bill Collins.

Huron.

Despite many impacts over the past 200 years, the dune and swale forest is still an amazing place and supports many unique and uncommon species like Purple-flowering Raspberry, nearly identical to Thimbleberry of the Upper Peninsula, Yellow Lady-slipper orchids, Blue-spotted Salamanders, Eastern Hognose Snakes, and a great variety of migratory birds that move and nest along Lake

Yellow Lady-slipper orchid west of Shorewood Forrest subdivision. Photograph by Bill Collins.

The dune and swale forest is a big part of what makes the Blue Water Area unique, yet few understand its character and significance because there is so little public access. Routing a trail through this coastal forest, some of the largest forest tracts remaining in the Blue Water Area, will provide a great opportunity for recreation in a small wilderness. What we are protecting here is

The TLC has been working on at least three additional acquisition projects in 2024 that, if successful, will result in nearly 240 acres of newly preserved land in Bay, Huron, and Lapeer counties. The proposed acquisitions include imperiled lakeplain prairie near Saginaw Bay, rare dune and swale forest near Port Crescent State Park, and rare conifer swamp at the headwaters of the Belle River,

Another example of life in "Conservancy World" is that the TLC is occasionally challenged by a municipality on our tax-exempt status on a property. The TLC is a 510(c)(3) non-profit charity approved by the US Internal Revenue Service, and we believe we fulfill the requirements of Section 211.7o of the Michigan General Property Tax Act to claim tax-exemption on all of our preserves. Obviously, municipalities don't want to lose tax base and we understand that. However, we feel that the value added by nature preserves to the community far outweighs what little property tax is lost. In most cases, the addition of a preserve actually results in a net increase in tax revenue as the value of nearby homes increase. There are many arguments in favor of land preservation versus lost tax base

Regarding our Croissant Sanctuary in Brandon Township, Oakland County, no doubt an exceptional case for us, the TLC significantly increased the local tax base when we sold the approximately 2.7 acres of commercial frontage along M-15 to a commercial developer. Not only did the sale price result in an increased valuation, but there will soon be at least one business developed on the property that will generate even more income for the Township. The sale left us with about 7.1 acres of nearly 100% wetland that we intend to protect as a nature preserve, as promised to the donor, Dr. Paul Croissant of Clarkston. This is what we planned upon evaluating the property and what we told Dr. Croissant and Brandon Township we intended to do. In fact, we did not claim tax-exemption on the 2.7-acres that we sold. By the way, there was no great plan before receiving the donation of this property. Everything just happened to fall into place about 6 months after we acquired it, in large part because of the association TLC Executive Director Bill Collins had as a wetland consultant with RBF Construction, a small commercial developer in the area. There were no guarantees that anything

In March, we submitted a Board of Review Appeal package to Brandon Township because of the Assessor's refusal to recognize the TLC's tax-exempt status for the property. The Board of Review did not decide in our favor so we appealed to the Michigan Tax Tribunal; not the first time we have had to do this. We have previous experience with the process regarding our Gerrits Sanctuary in Ira Township in Saint Clair County. Thanks to our TLC Attorney, Tim Lozen, we prevailed. On September 23, we had a hearing by conference call with the Michigan Tax Tribunal representative and the Brandon Township Assessor. Having learned from our previous experience, we feel like we did well in

approaching the scale of the Port Huron State Game Area.

perhaps the highest quality river remaining in the Thumb region.

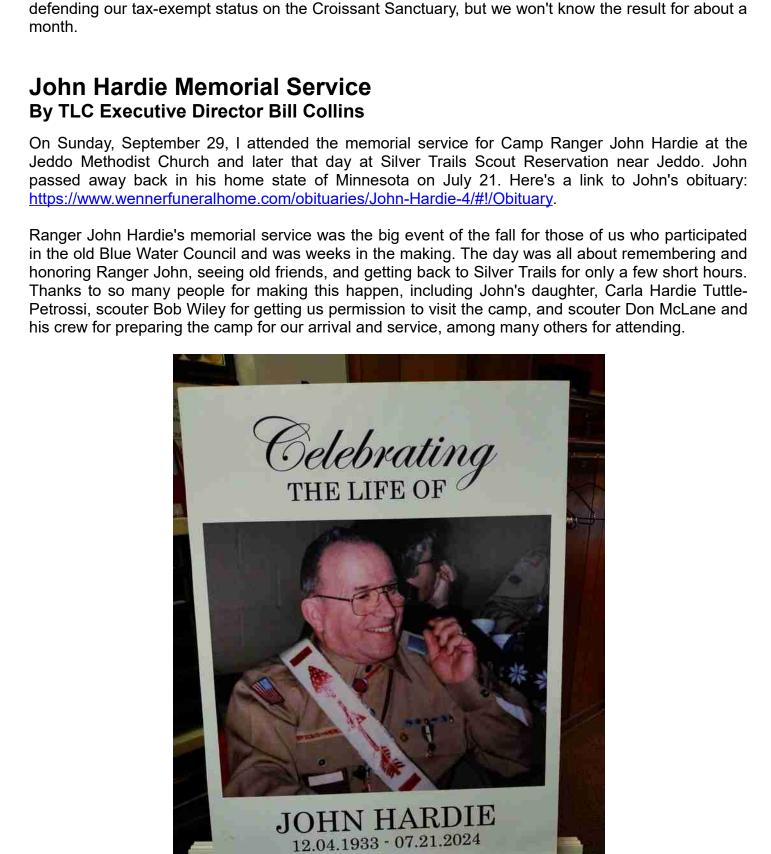
that could be presented here, but we'll save that for another time.

would happen with the property, other than we promised to preserve most of it.

Michigan Tax Tribunal, Croissant Sanctuary

New TLC Land Projects





John Hardie was the Camp Ranger of Silver Trails for 30 years, from 1966 through 1996. As I said at the memorial service, Ranger John was our camp caretaker, our ever jolly camp host, our spirited entertainer, and our reverent master of ceremonies. I knew him well, as did TLC Board Members Chris Walker and Dan Rhein, having worked on summer camp staff from 1978 through the mid 1980s, first as an assistant to Chris Walker, and later with Dan Rhein. TLC Board Members Fred Fuller and Scott Ferguson were also scouts in the Blue Water Council. It must say something about scouting and Silver Trails that five of our Executive Board Members are former scouts and scouters.

It would be very hard to run a camp like we had in Silver Trails without a camp ranger. From his humble beginnings in Saint Paul, Minnesota, Ranger John Hardie fit the part perfectly and was one of the greatest. Former scout, camp staffer, and Order of the Arrow Lodge Chief Jon Hardman came all the way from Chicago for the memorial service. As Jon said in his presentation, Silver Trails is Ranger John Hardie, and Ranger John Hardie is Silver Trails. He made it what it was in our day. His spirit fills

For those of us fortunate enough to have grown up going to Silver Trails, it was an experience unmatched for most youth today. The Blue Water Council, which covered all of Saint Clair and Sanilac counties, involved hundreds of scouts and scouting families annually, and thousands over several decades, for 75 years, from 1945 through 2020. We not only had great times at a wonderful 300-acre camp with mature forest, miles of trails, steep bluffs and ravines, streams, a pond, a river, canoes, rowboats, a pool, lots of secluded camping sites, a big mess hall, and several cabins, but we interacted with many other youth in outdoor programs; most scouts at least one week each summer,

Not only did we learn and have a lot of fun, but we experienced something bigger than ourselves that made us feel that a large organization was always going to be there for us. I made friends and acquaintances across two counties that felt like an extended family. As a youth and young adult, I worked as a Nature Director on summer camp staff, and as Secretary and Camp Promotions Chairman for our Order of the Arrow lodge. Later, I served as an Assistant Scoutmaster in my Troop 169 in Fort Gratiot, and also on the Blue Water Council Properties Committee. The nice thing about having a local camp, as opposed to a camp that is an hour or two drive away, is that it provides opportunities for local scouts. Because we were active on this local camp level, we went on to participate more in the council, and some of us even on regional and national levels. This broader experience strengthened my connection with my Troop 169 because I saw how far our guys could go if they wanted to. I don't know that the benefits of opportunities like those we had can be measured. But these were all but lost for local youth when the Michigan councils were consolidated in 2012 and

the camp.

but also year-round campouts and events.

Silver Trails was sold in 2019.

and forest as the north end Port Huron State Game Area only a mile to the south, covered by mature Sugar Maple, American Beech, Eastern Hemlock, and Yellow Birch, with an abundant community of native plants and animals. Since the 2019 sale, the camp has remained largely untouched. Here are just a few photographs taken the day of the John Hardie memorial service:

Silver Trails is one of the greatest natural areas in our region; a nearly 300-acre camp located along the lower Silver Creek valley and the Black River valley. It is a continuation of the same landscape

The road down from the James West cabin to the Council Ring. Photograph by Bill Collins on 2024 September 29. The Council Ring fire as participants arrive. Back in our day, 100 to 200 scouts, scouters, and family members would fill these seats on summer camp Family Nights. Photograph by Jon Hardman on 2024 September 29.

The Council Ring fire as participants arrive. Photograph by Bill Collins on 2024 September 29.



Blake Short, New TLC Board Member

Huron, was chosen as our newest board member. Blake is a naturalist who began working with the TLC in May of 2022. Among other projects, Blake led our annual stewardship on the Bidwell

Sanctuary, clearing much of the new coastal park trail. He led our annual Garlic Mustard removal on our Dead End Woods Sanctuary, and assisted in stewardship of the Deerfield Preserve in Huron County, our North Street Station, and our Tranquil Ridge Sanctuary. He also represented the TLC at the Port Huron State Game Area Day in September of 2022 and assisted us in nomination of properties for State acquisition through the Michigan Natural Resources Trust Fund.

In our third quarter TLC Executive Board meeting, TLC Stewardship Assistant Blake Short of Port



wandered as a kid. With family roots in West Virginia, he returned there in his early 20s, which got him very connected with the natural world. He returned to Michigan and attended Ferris State University where he earned a BS degree in Environmental Biology. While at Ferris State, he was Vice President and Project Manager of the Mycology Club, culturing various fungi, leading field trips, and

collecting mushrooms in the nearby Manistee National Forest. Returning to Port Huron, he was a

summer intern with the Friends of the Saint Clair River, working on science communications and stewardship. He was also employed full-time growing gourmet mushrooms for Give and Grow Mushrooms in Chesterfield Township in Macomb County. He was then employed by TLC Executive Director Bill Collins with Huron Ecologic for over a year as a private wetland consultant. He is now employed by GEI Incorporated as an ecological consultant, working on invasive species control, habitat restoration, wetland services, botanical surveys, and rare species surveys across Michigan.

In his spare time, Blake does a lot of mushroom collecting, especially in the Port Huron State Game Area. He grew up sailing and still takes a small boat out on Lake Huron. He is also a musician, playing guitar and mandolin, particularly Americana and Blue Grass.

New TLC Helpers

Jason Sawyer, Stewardship Assistant

The TLC has a new part-time Stewardship Assistant, Jason Sawyer, 49, of Capac. Jason and his

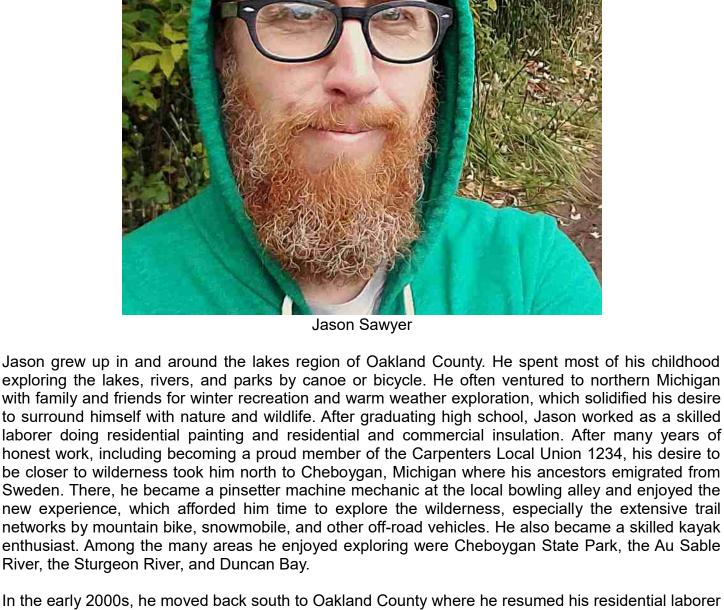
wife, Jen, run Mystery's Haven cat shelter in Capac: Mysterys-Haven.org, a non-profit cat shelter.

background, Jason picked-up quickly on identifying invasive weeds like Common Privet, Japanese

They also volunteer to coordinate and deliver food and supplies to similar organizations from a distribution center in Detroit. He has been doing nice work on clearing the final segments and maintaining the coastal trail on our 42-acre Bidwell Sanctuary in Burtchville. With little previous

Barberry, and Oriental Bittersweet, and also on important native plants on he Bidwell Sanctuary like Purple-flowering Raspherry. Soon we will start work on the new information kinsk and other structures

Purple-flowering Raspberry. Soon we will start work on the new information kiosk and other structures at the entrance.



pet guinea pigs and other small animal bedding products: <u>GuineaPigMarket.com</u>. In 2010, they purchased a home in rural Mussey Township. Noticing the amount of stray cats in the area and being life-long animal lovers, they coordinated a volunteer effort to help stray and feral cats. They also help those overrun with colonies of cats by providing transport and funding for sterilization. This led them to forming the non-profit cat rescue and outreach group, <u>Mysterys-Haven.org</u>, they became members of the Rescue Bank program through Greater Goods Charities, which provides palletized food and supplies for approved rescue organizations for only the cost of transportation. They became integral core volunteers for the Detroit affiliate, unloading freight and distributing goods to over one hundred approved groups in Michigan and Ohio. Being part of this program allows them to provide food and supplies at no cost to those in need caring for cats and dogs in their vicinity. Since the beginning Mysery's Haven, Jason and Jenny have aided in sterilizing over 500 cats in the area and strive to continue these efforts with much appreciation to their supporters. Their program is strictly run based on the donations of compassionate people and organizations.

Jason relishes the opportunity to become part of the TLC. He says that the principles and efforts of the TLC align perfectly with his love of our precious natural land and his desire to preserve our

wilderness for further generations. Likewise, the TLC has enjoyed working with Jason and is impressed with his enthusiasm and his ability to take charge with little guidance. We are fortunate that

Teddy Wiley, 21, of Marysville contacted us in mid-September out of concern about the forest

our TLC President occasionally seeks out local animal groups and connected with Jen.

Teddy Wiley, Program and Stewardship Assistant

career. In 2006, Jason met and married his wife, Jenny, and their daughter Abby was born. Together, he and Jenny created an on-line retail business, Guinea Pig Market, selling hand-made products for

adjacent to the 51-acre Michigan Road preserve in Port Huron Township that the TLC monitored and stewarded for Saint Clair County in 2011 through 2015. The land east of the preserve has been for sale for several years and he would like to see it protected. As we tell anyone interested in protecting natural areas, if you take the lead on the project, the TLC will most likely assist as we are able. Teddy is impressively self-educated in ecology, regional natural communities, native species, and learning more by the week. The TLC is happy to provide new opportunities for local naturalists and help cultivate their interest and enthusiasm. It was almost immediately clear that Teddy is the type of person we've been hoping would join our effort for several years.

THUMB LAN

compared to other parts of the world.



Board Member Dan Rhein at the Loznak Sanctuary in Marysville on 2024 September 24. Photograph by Bill Collins.

Teddy is also heading-up an effort to nominate the Saint Clair River Delta - Saint John's Marsh, Harsens Island, Dickinson Island, Squirrel Island, Seaway Island, Bassett Island, Saint Anne's Island, Walpole Island, and adjacent lands, as a Ramsar Wetland of International Importance: Ramsar.org/about/our-mission/wetlands-international-importance. This designation should help provide new funding opportunities to control invasive Reed - *Phragmites australis* subspecies australis, among other invasive weeds, which has eliminated native vegetation and degraded wildlife habitat across vast areas of the Saint Clair River Delta and the Great Lakes region. More complete control of invasive Phragmites would eventually lead to restoration of the Saint Clair River Delta ecosystem as a whole. There are currently only four Ramsar wetlands in our general region, including

the Saint Clair National Wildlife Area on the eastern shore of Lake Saint Clair, Humbug Marsh in the Detroit River International Wildlife Refuge along the west shore of the Detroit River, Point Pelee National Park on the north shore of Lake Erie, and Long Point National Wildlife Area also on the north shore of Lake Erie. As for Ramsar designated wetlands in general, the US has relatively very few

Teddy says that since he was a child, he has always been fascinated with the natural world and all it had to offer. From the age of 5, he sought out wetland areas to catch and release snapping turtles and other small reptiles and amphibians. For some reason, he has always been attracted to catching snapping turtles and wetlands. He says it kind of came natural to him. It was snapping turtles that introduced him to wetlands and the many issues they currently face. He gradually realized that the majority of the wetlands in the Saint Clair River Delta and Saint John's Marsh were under siege from

Left to right: TLC Member John Fody, TLC Program and Stewardship Assistant Teddy Wiley, and TLC

invasive Reed or Phragmites. Any homes that the turtles once had were destroyed by Phragmites, which even kills some turtles when they get caught in it.

From the age of just 13, Teddy worked for the Michigan Nature Association on their Alice W. Moore Woods Sanctuary in Saint Clair, helping to control invasive weeds, most notably Glossy Buckthorn and Common Buckthorn. He didn't have experience controlling Phragmites, nor, he says, did he have the time or power to control it on such a large scale. So he started to reach out to the Michigan Department of Natural Resources to understand why it seemed nothing was being done to control it on the Saint Clair River Delta. After much conservation with several MDNR biologists, he realized our delta was missing out on many opportunities to be restored and properly managed. So, he created a movement called *Make Our Delta Great Again* which aims to designate the Saint Clair River Delta as a Wetland of International Importance through the Ramsar Convention. Having our delta internationally recognized would bring much attention to our wetland issues and bring greater urgency to the need to restore and protect its ecological character. Teddy says that with the help of TLC Executive Director Bill Collins, we are working together to make this movement come to life and

Among his many activities, Teddy is also an avid deer hunter, helping to control another invasive species that has grazed out much of the native vegetation from our forests. He also loves to collect shed deer antlers and has quite a collection.

Since our introduction in September, Teddy has already assisted the TLC with invasive weed control on our Loznak Sanctuary in Marysville and Bidwell Sanctuary in Burtchville. He's gotten a good introduction to native lakeplain prairie plants on our Loznak Sanctuary. Together, we have honed his

Make Our Delta Great Again presentation and drafted a support letter. Teddy even wrote much of the baseline report for what we hope will soon be a new conservation easement. We look forward to

working with Teddy for many years to come and hope he has found his place in the TLC.

hopefully deliver renewed prosperity to the Saint Clair River Delta.

Kris Heyworth, Program Assistant

Kris Heyworth, 62, of Davison, was suggested to us by her daughter, a friend of our helper, RoseAnn Shetler, who made our great looking TLC banner. Kris is currently working to identify new funding sources for the TLC.



Kris Heyworth

Kris has always loved nature and considers herself a country girl. She grew up in the Thumb, actually not far from our office in Marlette. After meeting her husband, they moved to Davison Township in Genesee County where she has lived for the past forty years. It is a little more suburban there, but owning five acres with wooded hills, with farmland and country just down the road, she feels right at home. Kris and her late husband raised eight children there. Five of her children are married now and

We hope that working with the TLC to protect creation can be part of that blessing for years to come.

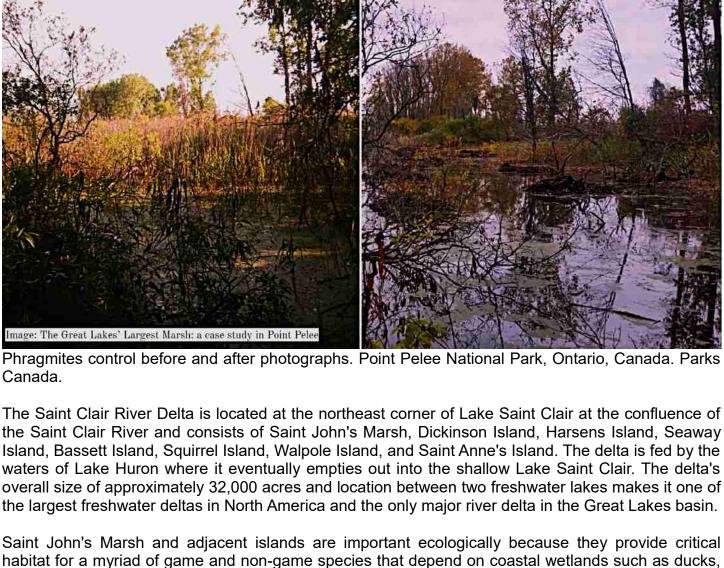
Ramsar Designation For The Saint Clair River Delta By Teddy Wiley, TLC Program and Stewardship Assistant

New TLC Program and Stewardship Assistant, Teddy Wiley, is heading an effort to nominate the Saint Clair River Delta for designation as a Ramsar Wetland of International Importance. The Ramsar Convention on Wetlands is one of the oldest modern global intergovernmental environmental agreements. It was negotiated in the 1960s by countries and non-governmental organizations concerned about the increasing loss and degradation of wetland habitat for migratory waterbirds. The treaty was adopted in the Iranian city of Ramsar in 1971 and became effective in 1975. A key provision of the treaty is to identify and place significant wetlands on a list of Wetlands of International Importance, also known as the Ramsar List. Criteria for listing include representative, rare or unique wetland types, and various aspects emphasizing the importance of biodiversity. The list includes an international network of wetlands which are important for the conservation of global biological diversity and for sustaining human life through the maintenance of their ecosystem components, processes and benefits or services. There are now 2,400 Ramsar wetland sites across the world. Designation of the Saint Clair River Delta as a Ramsar Wetland of International Importance should provide additional funding opportunities and help motivate all stakeholders to better protect the delta's

ecological character. More funding is desperately needed to control invasive Reed - Phragmites australis subspecies australis, among other invasive weeds, which has eliminated nearly all of the native vegetation and severely degraded wildlife habitat of vast areas of wetland along the Great Lakes. More complete control of invasive Phragmites would eventually lead to restoration of the Saint Clair River Delta ecosystem as a whole. There are currently only four Ramsar wetlands in our general region, including the Saint Clair National Wildlife Area on the eastern shore of Lake Saint Clair, Humbug Marsh in the Detroit River International Wildlife Refuge along the west shore of the Detroit River, Point Pelee National Park on the north shore of Lake Erie, and Long Point National Wildlife Area also on the north shore of Lake Erie. As for designated Ramsar wetlands in general, the US has relatively very few compared to other parts of the world.

Proposed St. Clair River Delta Ramsar Site Long Point Wetland Complex St. Clair National Wildlife Area Point Pelee National Park



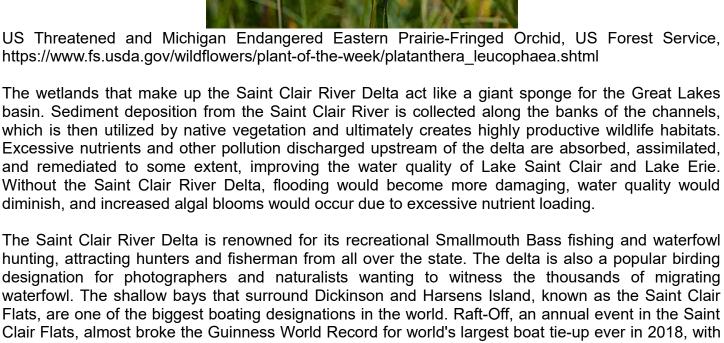


Inventory. Despite all this, the Saint Clair River Delta still contains high quality remnants of lakeplain prairie and oak openings. These communities are extremely diverse, with sometimes over 200 plant species occurring in a single remnant. Numerous rare species that depend on lakeplain ecosystems have been documented within the lakeplain prairie within Saint John's Marsh and adjacent islands.

geese, swans, reptiles, amphibians, mammals, and the many species of invertebrates and plants that support them. The delta is home to rare plant communities including Great Lakes marsh, lakeplain wet prairie, lakeplain wet-mesic prairie, and lakeplain oak openings. Lakeplain prairie historically covered most of the delta, a species-rich plant community that occurs on seasonally wet ground of glacial lake plains and similar formations. Lakeplain prairie once covered 80% of southeast Michigan prior to Euro-American settlement before it was cleared, ditched, and drained for agriculture. Any remaining patches were fire suppressed, becoming severely degraded and fragmented. Today, less than 1% of the original lakeplain prairie and oak opening communities remain and are ranked as imperiled globally and critically imperiled on a statewide basis by the Michigan Natural Features

Blazing Star Borer - Papaipema beeriana.

Rare plant species associated with the Saint Clair River Delta include: US Threatened and Michigan Endangered Eastern Prairie-Fringed Orchid - Platanthera leucophea; Michigan Endangered Gattinger's Gerardia - Agalinis gattingeri, and Skinner's Gerardia - Agalinis skinneriana; Michigan Threatened Sullivant's Milkweed - Asclepias sullivantii, Small White Lady Slipper Orchid -Cypripedium candidum, Leiberg's Panic Grass - Dichanthelium leibergii, and Short Fruited Rush -Juncus brachycarpus; and Michigan Special Concern Three-Awned Grass - Aristida longespica, Gentian Leaved Saint John's Wort - Hypericum gentianoides, Cross-Leaved Milkwort - Polygala cruciata, and Tall Nut Rush - Scleria triglomerata.





Reed - Phragmites australis subspecies australis. Lakeplain prairie and Great Lakes marsh on Saint John's Marsh and adjacent Islands are almost completely lost to invasive Phragmites. Lakeplain oak openings are being filled with invasive Japanese Barberry - Berberis thunbergii, Glossy Buckthorn -Frangula alnus, Common Buckthorn - Rhamnus cathartica, and other invasive weeds. The State has made little lasting progress in the fight against invasive Phragmites across the Saint Clair River Delta due to lack of funding, equipment, and staff. There does not appear to be a recent management plan that addresses the extensive Phragmites cover. We hope that with Ramsar designation, the Saint Clair River Delta can become great again through more recognition and funding opportunities. Saint Clair River Delta References St. Clair Delta Lakeplain Prairie and Oak Savanna Ecosystem Project: Rare Plant and Insect Surveys 2000

Lakeplain Wet-Mesic Prairie Natural Community Abstract, MNFI, 1998, 2010 https://mnfi.anr.msu.edu/abstracts/ecology/Lakeplain Wet-Mesic Prairie.pdf Lakeplain Oak Openings Natural Community Abstract, MNFI, 2001 https://mnfi.anr.msu.edu/abstracts/ecology/Lakeplain Oak Openings.pdf Anishinaabe - Comparative Religions, Minnesota Libraries Publishing Project, 2021 https://mlpp.pressbooks.pub/evcphil070/chapter/anishinaabe/ Giiwedin Noodin: Our History https://www.giiwedinnoodin.com/History.html Ramsar References Ramsar, The Convention on Wetlands https://www.ramsar.org/ Ramsar, Wetlands of International Importance Ramsar.org/about/our-mission/wetlands-international-importance U.S. Fish & Wildlife Service, The Convention on Wetlands and Wetlands of International Importance At the recommendation of Executive Director Bill Collins, the TLC Board has decided to join the Land Trust Alliance. As we have advanced as an organization and in our land protection efforts, the TLC has found it increasingly necessary to seek the knowledge and advice of the LTA and similar sources. The TLC board also completed an organizational risk assessment this summer with the LTA that emphasized our basic direction. We are not pursuing LTA accreditation at this time, but are attempting Canada Goldenrod - Solidago canadensis

AnticancerBitter that stimulates digestive secretions Carminative (relieves digestive gas) Diuretic Diaphoretic (promotes sweating) Expectorant This predominantly warming and stimulating plant may be of assistance when a body is battling congestion caused by allergies (especially ragweed), sinus infections, colds, flu, asthma or other diseases that cause inflammation to the respiratory tract. One might consider Canada Goldenrod for general cardiovascular support, poor circulation and weak capillaries (drinking tea daily), sore throats

such as laryngitis and pharyngitis (drink as a tea or let the tea cool and use as a gargle), diarrhea,

The word "solidago" means to make whole, which makes sense when we see how Canada Goldenrod can help to mend the skin. It may be useful for minor wounds, minor burns (especially the roots of the goldenrod), open sores, minor cuts, boils, skin irritations and minor bleeding wounds (use crushed leaves as a styptic). The flowers and leaves can be used as a poultice or infused into oil and then used as an oil or made into salves. The infused oil used as a rub may also be beneficial for joint pain and swelling and muscle fatigue. The flowers, taken internally as a tea, infused honey, extract, syrup, or eaten can assist with pain and swelling associated with gout and rheumatism. The flowers can also be applied as a poultice or made into a wash and applied to those affected areas as well.

One of the areas where Canada Goldenrod shines is the urinary system. It is even an approved herbal medicine in Germany for treating kidney stones. Leaf extract can aid with spasming and inflammation of the urinary tract. Also, it works as a diuretic helping the kidneys to remove excess fluid. The leaves and/or flowers aid in recovery from urinary tract infections, stones and gravel and as a general kidney tonic after long bouts of illness. To me, one of the best uses of Canada Goldenrod is for combating cat and seasonal allergies, especially ragweed allergies which goldenrods are so often blamed for. Extracts are very useful when it comes to allergies, colds (especially with a fever) and pink eye with a general dose of 2 to 4mL three times daily. For Candida yeast infections, a tea or decoction taken daily or a powder can be applied externally. Make a gargle for oral thrush. Canada Goldenrod has shown antibacterial activity against Listeria monocytogenes, Escherichia coli, Staphylococcus aureus, Salmonella species, Staphylococcus faecalis, Bacillus subtilis, Klebsiella pneumoniae, and Psudomonas aeruginosa. It has also shown promising activity against Salmonella

Canada Goldenrod is being studied for cytotoxic activity against lung cancer, colon cancer, and

As always, just because something is natural does not mean it is without safety concerns. With Canada Goldenrod, please be aware that it may cause an allergic reaction, it is ok for long term use for chronic conditions but you should monitor for dehydration due to the diuretic effects. Please do not use while pregnant or nursing unless first consulting a qualified practitioner. Speak with your primary care provider before routine use of Canada Goldenrod if you have chronic kidney disorders. And lastly, for a small percentage of people, it can raise blood pressure so caution should be used with

If you are using Canada Goldenrod as a supplement to your health, you should consult with your

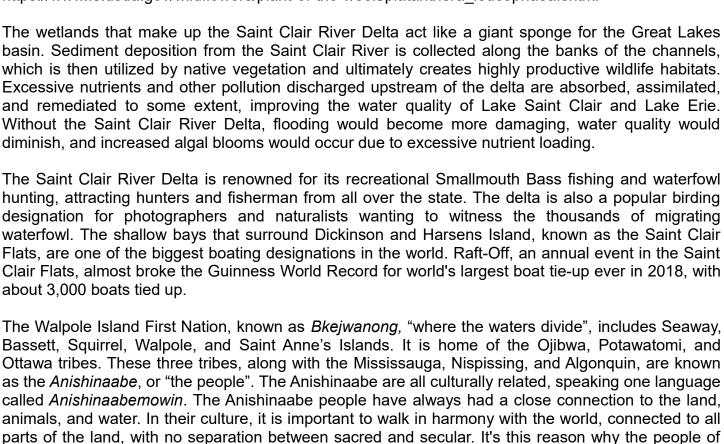
Just a reminder if you do choose to harvest this plant, make sure to correctly identify it and that it is from a healthy stand. Only harvest a portion. While it is so tempting to harvest from roadsides or near farm fields, it is really not a good idea due to possible contaminants from vehicles and potentially

upset stomach, poor digestion, or other issues that cause an inflamed digestive tract.

having been sprayed with chemicals, and your physical safety being close to traffic. I hope you enjoyed reading this article and will now look at Canada Goldenrod and other goldenrods as heroes when it comes to allergies as opposed to culprits. We have available for purchase at Amy's Relation to Creation and Botanicals, LLC dried Canada Goldenrod Leaves and Flowers. Stop in and try some today! Happy harvesting! To see an extensive bibliography of references for Canada Goldenrod, see Amy's blog at: https://amysrelationcreation.com/2024/09/10/canada-goldenrod/ Amy's Relation to Creation & Botanicals, LLC is a family-owned and operated botanical store located at 256 South Water Street in Marine City. A variety of natural products are available including teas, coffees, utensils, dried herbs, live plants, herbal tinctures, essential oils, salves, and other medicinal, wellness, personal care, and cleaning products. Owner, Amy Martinez, is focused on offering locallysourced, natural, unprocessed, and eco-friendly products. The store is open from 9 am to 6 pm Tuesday through Saturday, but open until 8 pm on Thursdays from April 4 through December. In addition to the store, Amy offers a meeting room available for rent for small groups, for health presentations, wellness consultations, tutoring for nursing students, and Bible studies. For more information or to reserve the meeting room, see: AmysRelationCreation.com or call 810-335-4622.

November 14, 5-8 pm – Just Doe It! Fun shopping event for the "Does"!





Walpole Island have taken such good care of their land; making sure it is kept undamaged and productive for future generations to enjoy. Walpole Island's local economy is dependent on the bounty of the land. Hunting, fishing, and trapping is a multi-million dollar industry in their community. Sweet Grass - Anthoxanthum hirtum, a lakeplain prairie grass, is a sacred plant and is still used for smudging, basket making, and braiding. Northern Wild-rice - Zizania palustris, and the less common Michigan Threatened Southern Wild-rice - Zizania aquatica, occur in the Great Lakes marsh of the

Saint Clair River Delta and are also sacred plants collected for seed consumption.

Despite the significance of the Saint Clair River Delta and the countless benefits it provides, the delta's wetlands are still being lost at an alarming rate. Ever since Europeans began settling here, much of the surrounding wetlands have been drained and filled in to make way for agriculture and residential development. The remaining wetlands on the delta are extensively dominated by invasive

Northern Wild-rice beds during the high water of 2020 along Big Muskamoot Bay on Harsens Island.

Photograph by Bill Collins.

https://mnfi.anr.msu.edu/reports/MNFI-Report-2000-04.pdf

https://mnfi.anr.msu.edu/reports/MNFI-Report-2003-07.pdf

Summary of the Southeast Michigan Ecosystem Project: 1994-2001

Lakeplain Wet Prairie Natural Community Abstract, MNFI, 1998, 2010 https://mnfi.anr.msu.edu/abstracts/ecology/Lakeplain Wet Prairie.pdf

- Lakeplain Prairie Surveys and Management Recommendations for St. John's Marsh State Wildlife Area, 2016 https://mnfi.anr.msu.edu/reports/MNFI-Report-2016-20.pdf Natural Features Inventory and Management Recommendations for St. John's Marsh State Wildlife Area, 2018 https://mnfi.anr.msu.edu/reports/MNFI-Report-2018-07.pdf Great Lakes Marsh Natural Community Abstract, MNFI, 2001, 2010 https://mnfi.anr.msu.edu/abstracts/ecology/Great Lakes Marsh.pdf
- https://www.fws.gov/program/international-affairs/ramsar-convention-wetlands LTA Membership to generally follow LTA standards and practices.

By Amy Martinez, RN, BSN

Amy's Relation To Creation and Botanicals, Marine City

pollen is dispersed by the wind. Goldenrods have taken the blame from allergy sufferers for many years without due cause. Hopefully after reading this article, you will look upon this beauty as a healer as opposed to a causer of illness. Historically, Canada Goldenrod, Solidago canadensis, and other goldenrods, have been used by Native Americans for burns, fevers, snakebites, sore throats, kidney ailments, as food, for side pains, as a sedative, diarrhea, skin wounds on horses, and as gambling medicine. Also, Canada Goldenrod was often found in Liberty Tea blends that Colonists made while boycotting imported tea after the Boston Tea Party. Canada Goldenrod belongs to the Asteraceae or Aster family, and is native throughout Michigan and most of North America. It can now be found throughout Europe, Asia, South America and Australia. This plant, which also goes by the names goldruthe, woundwort and solidago, grows in dry or wet

areas, full or partial sun, open fields, prairies, roadsides, trails, meadows, railroad tracks, dry rocky ground, marshes, floodplains and bordering conifer swamps and forests. This perennial grows 1 to 5 feet in height and has a fibrous and rhizomatous root system. It has a stem that is smooth at the base and is hairy below the lower flower branches. Leaves are simple and lance-shaped with 3 veins alternately attached with no leaf stem. They are 2 to 5 inches long and many have sharp teeth but may also be smooth and hairy. Some say the crushed leaves have a salty balsam fragrance or may smell like anise. As far as taste goes, I think it is reminiscent of a plain green tea, but better, with a hint of floral and anise. The beautiful yellow composite flowers are ¼ inch in diameter and arranged in large arching spike clusters that are 3 to 9 inches long and are raceme or form a triangular panicle with the tip of the largest spike nodding to one side. The flowers bloom July through September and towards the end of summer the flowers will "fluff" making the brown seeds visible. The flowers have what I would describe as a pleasantly familiar taste. It is something that I just can't put my finger on, maybe asparagus, maybe floral, maybe anise. They really do make a lovely bright yellow cup of tea that is quite enjoyable. Canada Goldenrod reproduces from seeds but mainly from their root system.

Nearly the entire plant is useful in a variety of ways from food and medicine to incense and aesthetically pleasing bouquets and even as a natural dye. As food, the seeds can be used as a survival food or powdered to use as a soup thickener. The flowers go nicely in a salad, can be lightly fried or added to cookies, shortbreads, muffins and pancakes. They also make a nice addition to cordials and can be made into wine or jelly and infused in honey or vinegar. The leaves make a nice cuppa or can be cooked as you would spinach. Health wise, leaves and flowers can be made into tea, extracts, decoctions, poultices, syrups, ointments and salves. The leaves can be powdered to use as

a styptic to stop bleeding of small wounds and the flowers can be infused in oil for a muscle rub.

A field full of goldenrod north of Marlette in 2022, since lost to development. Photograph by Bill

Harvest healthy leaves and flowers that are free of powdery mildew or other disease and bug homes (goldenrods are especially loved by the Goldenrod Crab Spider and the Goldenrod Gall Fly) after the dew has dried and before the sun is its hottest. Leaves can be harvested through spring and summer before the flowers open and flowers can be collected in late summer or early autumn just as the flowers open. If the flowers have already "puffed" they are still ok to use. Roots can be harvested in early spring or autumn after the first heavy frost. Wash and cut them into small thin pieces and be sure to dehydrate thoroughly. Collect seeds after the flowers have turned brown and dry. If you are

My review of the literature found that Canada Goldenrod has a host of chemical compounds that are beneficial for us. It contains essential oil that is laden with monoterpenes and sesquiterpenes,

Essential Oil Monoterpenes: α-pinene, Limonene, Bornyl acetate, β pinene, Myrcene,

Essential Oil Sesquiterpenes: Germacrene D, 6-epi-β-cubebene, 6-epi-α-cubebene, Cadinene,

Aromatic Acids: Gallic acid, Protocatechuic acid, Vanillin/vanillic acid, Syringic acid5-Oferuloylquinic acid, Caffeoyl-di-feruloylquinic acid, 1-caffeoylquinic acid, 4-caffeoylquinic acid, 5-caffeoylquinic acid, 3,4-O-dicaffeoylquinic acid, 3,5-O-dicaffeoylquinic acid, Ferulic acid,

Flavonoids: Quercetin, Rutoside, Quercitrin, Isoquercetin, Rutin, Hyperoside, Quercetin-Ohexoside, Quercetin-(acetyl)-hexoside, Quercetin-(rhamnosyl)-hexoside, Quercetin-3-O-(6'-Oacetyl)-β-D-glucopyranoside, Isorhamnetin 3-O-hexoside-7-O-deoxyhexoside, Isorhamnetin-

glucopyranoside, Astragalin, Kaempferol-(rhamnosyl)-hexoside isomers, Hesperidin, Afzelin

Catechins,

Isorhamnetin-3-O-β-D-

flavanone,

Kaempferol-3-O-β-D-apiofuranoside,

Hydroxy

Epicatechins,

Isorhamnetin-(rhamnosyl)-hexoside,

not using your goldenrod fresh, be sure to thoroughly dry for long-term storage.

Germacrene A, α-humulene, b-caryophyllene, β-ylangene

Kaempferol-3-O-(6'-O-acetylyl)-β-D-glucopyranoside,

aromatic acids, flavonoids, and triterpenes. Here is my list:

Chlorogenic acid, Caffeic acid, Coumaric acid

Kaempferol-O-hexoside-deoxyhexoside,

Antiphlogistic (against inflammation and fever)

Antimutagenic (preventing mutation of genes)

typhi perhaps even surpassing ciprofloxacin.

extra blood pressure monitoring for those with hypertension.

change the flavor if desired. Drink up to 3 cups per day.

normal fibroblasts.

Collins.

Sabinene

(acetyl)-hexoside.

Antihistamine Antiallergenic Antioxidant

Antiasthma

Aaah! Aaah! Chooh! That's what you may be thinking as soon as you saw this picture. Would you be surprised to learn that the majority of allergies that people suffer from at this time of year in our area are NOT caused by this beautiful and abundant plant? Rather, ragweed is generally the culprit as its

Canada Goldenrod. Photograph by Suzanne Harrington.

- Anthocyanidins Triterpenes: Saponins Translation of these constituents' effects in/on our bodies: Astringent (constricts tissue) Antiseptic Anti inflammatory Antibacterial Antifungal Styptic (stops bleeding)
- primary care provider because nothing in this article has been approved by the US Food and Drug Administration. The above information is not intended to diagnose, treat, or cure any diseases, it is for informational purposes only. To make a lovely cup of tea, add 1 tablespoon of fresh flowers and/or leaves (2 teaspoons if dried) to 2 cups of boiling water. Steep for 15 minutes then strain. You can add an equal amount of mint to
- Amy's Relation To Creation and Botanicals store front in Marine City. Photograph by Amy Martinez. For a schedule of events see: https://amysrelationcreation.com/upcoming-events/. Upcoming events include: Every Sunday, 9 am - Bible Study April 4 through December 31 - open late on Thursdays until 8 pm Third Thursday of every month - Sidewalk Sale

November 28 – Closed for Thanksgiving Day

American Coot, Fulica Americana



What looks like a duck, floats like a duck and swims like a duck, isn't always a duck! My wife Laurie and I were reminded of this while watching American Coots during our winter vacation in Southern California. We didn't need to travel all that way to see these "old coot" friends but it's warmer here

than in Southern Michigan and Northern Ohio where they also winter! Let's take a closer look at the American Coot and find out when and where they can be found closer to home and what makes them "not a duck", amongst other things. The American Coot is in the family Rallidae which also includes gallinules and the highly secretive

rails. They are more closely related to Sandhill Cranes than they are to ducks. It's true that these birds closely resemble ducks while on the water but when on land they walk more like a chicken than a waddling duck. Unlike chickens and ducks, they are considered inedible and therefore are not

hunted for food and should not be hunted at all. They are migrating birds and can be found during the

summer breeding season from Alaska and much of Canada and throughout the lower 48 states. During the winter some American Coots travel as far south as Central America but they can be found wherever there is open freshwater; typically just south of Michigan but farther south in the plains states. They can be found locally from spring through fall on any open water but they prefer marshy They are described as a medium-sized, chicken-like bird with dark gray to black coloration throughout with the exception of their chalky white bill and white trailing edge on the wings and under the tail. Sexes are similar in color and juvenile birds are olive-brown with a yellowish bill. The legs and feet are yellow-green and their long toes are lobed, not webbed and, during flight the legs trail behind. The lobed feet enable them to swim like ducks but are also designed for walking on vegetation and soft ground and the broad lobes fold back when the legs are lifted while walking.

ducks, in ponds, rivers, and large bodies of fresh or brackish water. They will also feed on small animals such as insects and crustaceans. Coots are kleptoparasitic, meaning that when they don't feel like hunting for their own food, they will steal their meal from other birds. I've noticed some friends doing this; most of whom are either gulls or a couple of my brothers when dessert was on the dinner table! Did I already allude to "old coots"? Their typical age ranges from 6 years to a recorded age of just over 22 years and that is quite old in the bird world. Coots are nicknamed "marsh hen" or for you Toledo Tiger fans, "mud hens" because of

These birds are at home in wetlands where abundant plant-life supports their mainly vegetarian diet however, they are strong swimmers and divers and are also found regularly in mixed flocks with

These and many other birds depend on clean water with abundant plant life and it's very important for their survival, and ours, to respect the natural environment through habitat protection and restoration. So, bless a Coot...don't pollute! You can learn more about birds and nature by attending Blue Water Audubon meetings. Check the Blue Water Audubon Society Facebook page for the latest meeting details, local bird sightings,

discussions, and events. Be sure to "friend" us! Tom Dennis is a resident of Fort Gratiot where he and his wife Laurie Melms Dennis, tend to their bird and butterfly friendly gardens. He is a speaker and free-lance writer, passionate birder,



if you want to keep raking:

the way their heads bob when they walk or swim.

advanced master gardener, creation scientist, and naturalist, with degrees from Michigan State University in Zoology and Biology. Tom is an active member of Blue Water Audubon Society, Master Gardeners of St. Clair County, Port Huron Civic Theater, Ross Bible Church, Tapestry Garden Club, Blueways of St. Clair, and is a steward of the Blue Water Riverwalk with Friends of the St. Clair

River. Save Nature Any Place! Sustain Native Animals & Plants! Have you raked leaves yet? Stop! Read this National Wildlife Federation blog article and then decide https://blog.nwf.org/2024/09/how-fallen-leaves-support-moths-and-butterflies/ All kinds of wonderful creatures depend on your leaves, including Mourning Cloak butterflies, Redbanded Hairstreak butterfly caterpillars, lo or Peacock Moths, Luna Moths, and many others. As the

In 2024, we are continuing to highlight restoration of natural habitat on private land, neighborhood efforts, and programs like Homegrown National Park, National Wildlife Federation Certified Wildlife

Habitat, and the TLC Naturehood registry. Start a new HABITAT* **HOMEGROWN**

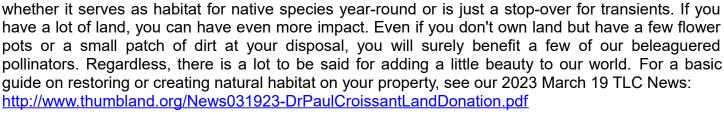
article states, these creatures are very important as pollinators, prey, indicators of environmental health, and who knows what else yet to be discovered. They are also beautiful. Ground-dwelling invertebrates living under the leaves are the base of the food chain for many animals, particularly

birds, and are important in breaking-down organic matter for soil nutrients and carbon storage.

Restoration doesn't need to be complicated. In one way, it represents the truest expression of private land ownership and democratic ideals. As a landowner, you are vested with a great deal of power and responsibility. While the world is distracted by monetary value and appearance, there can be a

benevolent and unpretentious aspect to owning land. You have the power to help restore nature, to support native species, to improve our air, water, soil, and climate, and to benefit all of humankind now and for generations to come, all right where you live. Every little piece of land now matters,

JATIONAL PARK



TLC Fall Stewardship If you want to work on any of these projects, let us know. Date Activity Location October - December park entrance and trail work **Bidwell Sanctuary** October - December Black Locust removal Croissant Sanctuary October - December entrance and trail work, prairie restoration Loznak Sanctuary October - December **Dead End Woods Sanctuary** invasive weed removal

The Clyde Historical Society meets on the third Thursday of each month. Their next meeting is November 21 at 6:30 pm at the historic Clyde Township Hall and Museum located at 5080 Wildcat Road and M-136, next to Bill Bearss Memorial Park. The Clyde Historical Society brings together

people interested in the history of the area and local genealogy. They promote an appreciation for the local history and its people; and collection, protection, and preservation of significant historical items. For more information, see the Clyde Historical Society Facebook page at:

GoodSearch.com

🤦 goodsearch 🧸

TLC Membership

https://www.facebook.com/groups/1481890455361159/

At the upper right, click on "Sign Up".

charity by alphabetical order.

Clyde Historical Society

You can support the TLC or another charity every time you search the internet by using GoodSearch.com. When you create an account and sign-in, GoodSearch donates about one cent per search to a charitable cause of your choice. The web site is a little confusing because it is part of GoodShop.com, which is another way to raise donations for a charity. To sign up for GoodSearch, do the following: Go to GoodSearch.com

If you are not directed to charities, go to GoodSearch.com/Causes to search for and select a

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After signing-up, you should be directed to select a charity for donations.

The TLC is listed at GoodShop.com/Nonprofit/Thumb-Land-Conservancy.

- goodsearch

adds up and the TLC can use all the help we can get to protect land.

You need to stay signed-in when you search the internet in order to raise funds for your selected charity. GoodSearch uses the Yahoo search engine. The TLC has collected over \$100 in donations from searches by our members. At about one cent per search, it's a slow way to raise funds, but it

With your membership, the TLC is better enabled to protect important natural areas in our region. We

\$8,077,953.77 In Donations Earned



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